

BALTIMORE COUNTY PUBLIC SCHOOLS
PARENT UNIVERSITY
SCHEDULE OF EVENTS



Educating & Empowering Families

Baltimore County Public Library- Learning From Home

Event type: Virtual Workshop
Link: www.bcpl.info
Target audience: Parents/Caregivers
Sponsored by: Baltimore County Public Library and Parent University

Title	Description	Dates & Times	Registration
Learning from Home: The Importance of Routine	Hear about the importance of routines and how to structure yours and your child's day during virtual learning. This program will feature a presentation followed by Q&A.	Wednesday, September 2 7:00 PM	Register Here Registration opens a week before event.
Learning from Home: Your Child's Social/Emotional Health	Learn how to help support your child's social/emotional health this fall and how to spot signs they might need additional help. This program will feature a presentation followed by Q&A.	Wednesday, September 23 7:00 PM	Register Here Registration opens a week before event.
Learning from Home: Resources from BCPL & BCPS	Hear from BCPL and BCPS staff about resources both organizations have to support your child's virtual learning. This program will feature a presentation followed by Q&A.	Wednesday, September 30 7:00 PM	Register Here Registration opens a week before event.

Family Matters Open House

Event type: Virtual Meeting
Target audience: Parents/Caregivers
Sponsored by: [Maryland Coalition of Families](#)

Title	Description	Dates & Times	Registration
Family Matters Open House	<p>This informal virtual gathering will give you space to relax and socialize while offering you:</p> <ul style="list-style-type: none"> • Free Giveaways (while supplies last) • Community Resources • Networking • MCF's Family Peer Support • Creative Activity for the Youth 	<p>Thursday, September 10</p> <p>5:00 - 7:00 PM</p>	<p>Register Here</p> <p>Registration opens a week before event.</p>

First Financial- Online Wellness Center

Description: Free short interactive modules centering around a variety of financial wellness topics such as building a financial foundation, owning a home, and more. Available in both English and Spanish.

Event type: Online Resource

Link: [First Financial Wellness Center](#)

Target audience: Adults 18+

Sponsored by: First Financial Federal Credit Union

First Financial- It's A Money Thing

Description: Free video series centering around financial education.

Event type: Online Resource

Link: [It's A Money Thing](#)

Target audience: Adults 18+

Sponsored by: First Financial Federal Credit Union

NAMI- Online Classes & Support Groups

Event type: Online Class

Link: [NAMIBaltimore.org](#)

Target audience: Adults 18+

Sponsored by: National Alliance on Mental Illness

Title	Description	Dates & Times	Registration
NAMI Peer Support Group	<p>NAMI Connection Recovery Support Group is a free, peer-led support group for adults living with mental illness. You will gain insight from hearing the challenges and successes of others. Learn more.</p>	<p>Saturdays</p> <p>10:30 am – 12:00 pm</p>	<p>Register Here</p>

NAMI Family Support Group	NAMI Family Support Group is a peer-led support group for family members, caregivers and loved ones of individuals living with mental illness. Gain insight from the challenges and successes of others facing similar circumstances. Learn more.	Thursdays 7:00 – 8:00 pm	Register Here
NAMI Young Adults Support Group	NAMI Connection Recovery Support Group is a free, peer-led support group. This group is specifically open to young adults living with mental illness. You will gain insight from hearing the challenges and successes of others. Learn more.	2 nd & 4 th Wed of the month 6:00 – 7:30 pm	Register Here

Need Help to Quit Smoking?

Event type: Virtual Workshops
Target audience: Adults 21+
Sponsored by: Baltimore County Department of Health

Title	Description	Dates & Times	Registration
InControl	Baltimore County loves quitters! Let us help you quit smoking tobacco and e-cigarettes. Attend InControl – a FREE, five week quit smoking program. You can join my computer or phone.	September 30 – October 25 Wednesdays 12:00 – 1:00 PM	Contact Dan Young to register. 410-887-0565
Phone Counseling	FREE Phone Counseling to all Baltimore County residents. Participants may be eligible for FREE quit smoking nicotine replacement products. English: 443-324-6417 Spanish: 443-257-8384	8:30 AM - 4:30 PM	None Required

Of Substance: The Stoop Storytelling Series

Event type: Live Stream
Target audience: Adults 18+
Sponsored by: The Stoop Storytelling Series

Title	Description	Dates & Times	Registration
Of Substance	Real stories from people whose lives were changed by drugs and alcohol – the thrills, perils, regrets and struggles.	September 22 7:00 PM	More Information and Live Event Link Here